

Healing body, psyche, soul through writing

The Center for Journal Therapy

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Confirms that

Dr. Birgit Schreiber

is a

Certified Instructor

of

Journal to the Self®

with Kathleen Adams LPC, RPT, Trainer

Kathleen Adams LPC

Director, The Center for Journal Therapy

Proud Instructor Since: 4/28/2017

Expires: 5/31/2027

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